

DOLOMITES ENDURO TRAVERSE

Clothes you need while riding:

- Bike shorts + padded undershorts
- Bike jersey
- Helmet (obligatory!)
- Knee pads (obligatory!)
- Bike shoes that also work fine for walking sections (not too stiff) and which do not absorb water easily
- Socks
- Sun glasses
- Long gloves that also give you protection in case of a crash

Backpack:

We suggest you to bring a bike backpack of about 20-25 liters, including a 2 liter hydration system (or water bottle).

To enjoy difficult passages and ascents, the pack should not weigh more than 7 kg and a fully loaded pack should leave enough room for the head – with the helmet on! Please consider that as the second hut has washing machine and dryer, we really can travel light, reducing the equipment to the very basics!

In your bike backpack:

- Drinking system (or bike bottle)
- Raincover for your backpack
- First Aid kit & individual medication for allergies etc. (obligatory!)
- Sunscreen

Clothing (for all weather conditions):

- 1 additional bike shorts, including padded undershorts
- 1 additional bike jersey
- Warm, long sleeved bike jacket / jersey
- Packable rain jacket 100% waterproof
- Packable rain pants (long) 100% waterproof
- Light long comfy pants for the huts
- Light warm fleece for the hut / cold cycling days
- T-shirt for the huts
- Socks, underwear
- Headband / buff

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Tools / Spare Parts Basic (must have!):

- MultiTool
- 2 spare tubes matching your wheel size
- 2 tire levers
- Mini tire pump
- Patch kit for tubes
- 2 pairs of spare break pads matching your break model
- Chain links matching your chain model
- Derailleur hanger matching your frame model (for rental bikes ask at the shop)

Tools / Spare Parts Extra:

- Chain and component lubricant
- Zipties
- CO2 inflator including cartridges
- Tubeless patch kit
- Shift Cable

Others:

- Mobile / smartphone
- Personal care products / toiletries (shower gel, toothpaste, etc.)
- Power bars (we can buy it on place / along the tour)
- Isotonic drink (we can buy it on place / along the tour)
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