

PACKING LIST

DOLOMITES ENDURO TRAVERSE

Clothes you need while riding:

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|--------------------------|---|
| <input type="checkbox"/> | Bike shorts + padded undershorts |
| <input type="checkbox"/> | Bike jersey |
| <input type="checkbox"/> | Helmet (obligatory!) |
| <input type="checkbox"/> | Knee pads (recommended) |
| <input type="checkbox"/> | Bike shoes (or sports shoes with stiff sole) that also work fine for walking sections |
| <input type="checkbox"/> | Socks |
| <input type="checkbox"/> | Sun glasses |
| <input type="checkbox"/> | Long gloves that also give you protection in case of a crash |

Backpack:

We suggest you to bring a bike backpack of 25-30 liters, including a 2 liter hydration system (or water bottle).

To enjoy difficult passages and ascents, the pack should not weigh more than 7 kg and a fully loaded pack should leave enough room for the head – with the helmet on!

In your bike backpack:

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|--------------------------|--|
| <input type="checkbox"/> | Drinking system (or bike bottle) |
| <input type="checkbox"/> | Raincover for your backpack |
| <input type="checkbox"/> | First Aid kit & individual medication for allergies etc. (obligatory!) |
| <input type="checkbox"/> | Sunscreen |

Clothing (for all weather conditions):

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|--------------------------|--|
| <input type="checkbox"/> | 1 additional bike shorts, including padded undershorts |
| <input type="checkbox"/> | 1 additional bike jersey |
| <input type="checkbox"/> | Warm, long sleeved bike jacket / jersey |
| <input type="checkbox"/> | Leg warmers |
| <input type="checkbox"/> | Packable rain jacket 100% waterproof |
| <input type="checkbox"/> | Packable rain pants (long) 100% waterproof |
| <input type="checkbox"/> | Shoe covers 100% waterproof |
| <input type="checkbox"/> | Light long comfy pants for the huts |
| <input type="checkbox"/> | Light warm fleece for the hut / cold cycling days |
| <input type="checkbox"/> | T-shirt for the huts |
| <input type="checkbox"/> | Socks, underwear |
| <input type="checkbox"/> | Headband / buff |

